

Have One Mind (in Christ) - Philippians 2:5

A Monthly Magazine

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John the Baptist and the Second Coming

Jerry O'Donnell

Speculation is not something a Christian should be exercising, especially when it comes to the topic of the second coming. The understanding of it means "the forming of a theory or conjecture without firm evidence."

Satan uses speculation to divert the mind, make truth lose its force, even tire the mind on the subject. Politicians and the news media do it all the time. They will run a story over and over, interjecting supposedly new insight, all slandering one party for even thinking that such a matter was actually true, and then when it comes out that the party under attack was really right, people are made so tired of the subject that the public becomes indifferent and then sees that any further activity into the matter would be just a waste of time.

So many are quick to share a news article that touches on the subject of the coming of Jesus, no matter how insignificant it happens to be. "Oh! Look here! This is a sign Jesus is coming!" For decades now, we have saturated the topic so much that once it is sprung, people are not going to regard it as they should. This is exactly Satan's

game plan and everyone sharing such material are actually doing God Himself a disservice.

Taking the time to discuss exactly how this or that is going to usher in the Mark of the Beast and such detracts from our duty and our focus. Personally, I am more concerned about warning the people in an age where Internet does what is called shadow banning, where videos are not suggested to anyone, including subscribers. On top of that, users can only handle three-minute video content where hour long sermons are passed over. We live in a time where any form of walking onto someone's property, even to drop off free material, is considered trespassing. Whole communities have broad "no soliciting" protections that are stretched against those who try to simply pass out literature, even without knocking on the door. Mailing and printing have become so expensive. What we should be spending our time thinking upon is coming up with other means of getting the message out, as all avenues seem to be under a strangle hold. And that message is

the simple, unadulterated, non-speculative warning.

With that said, let us take a lesson from John the Baptist. No, he did not teach about the first coming of Christ to learn his method of presenting the gospel in his day to be the pattern for our day.

What was John's message? "In those days came John the Baptist, preaching in the wilderness of Judaea, and saying, Repent ye: for the kingdom of heaven is at hand" (Matthew 3:1-2). It was a simple message that was neither excitable, nor speculative.

What two things did he address? "For this is he that was spoken of by the prophet Esaias, saying, The voice of one crying in the wilderness, Prepare ye the way of the Lord, make his paths straight. And the same John had his raiment of camel's hair, and a leathern girdle about his loins; and his meat was locusts and wild honey" (Matthew 3:3-4). He addressed fashion and diet, of which we ought to be addressing in our day, in which nudity or poorly dressed attire is the norm, being quite revealing. Along with that, we do have a diet message, too, that is

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For Bible Believing Christians**

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just as much applicable now as it was in John's day.

What did John encourage? "Then went out to him Jerusalem, and all Judaea, and all the region round about Jordan, And were baptized of him in Jordan, confessing their sins" (Matthew 3:5-6). He encouraged confession of sins, not like a confessional, but confession as the result of repentance. And, "If we confess our sins, he is faithful and just to forgive us [our] sins, and to cleanse us from all unrighteousness" (1 John 1:9).

So, how did John address the church leaders? "But when he saw many of the Pharisees and Sadducees come to his baptism, he said unto them, O generation of vipers, who hath warned you to flee from the wrath to come? Bring forth therefore fruits meet for repentance: And think not to say within yourselves, We have Abraham to [our] father: for I say unto you, that God is able of these stones to raise up children unto Abraham. And now also the axe is laid unto the root of the trees: therefore every tree which bringeth not forth good fruit is hewn down, and cast into the fire" (Matthew 3:7-10). In short, he held them accountable, including pointing out error and apostasy. He also addressed that just because a person was of Abraham's seed, or one claiming

to be a Christian today, does not mean one is automatically guaranteed Heaven.

And how did John address politicians? "For John had said unto Herod, It is not lawful for thee to have thy brother's wife" (Mark 6:18). So, instead of making contracts with the United Nations, with the United States Government, we ought to be addressing the evils. That means that the whole chumming up with the government during the pandemic was not how John the Baptist would have handled it.

More importantly, John had a specific purpose, and that was to prepare the way for the Messiah. Keeping in mind that Jesus and John had not met each other since the encounter between Mary and Elisabeth; that means John did not recognize who Jesus truly was. And in John's day, there were many who claimed to be the Messiah. He did not keep up with everyone claiming to be such and speculate how He would appear. So, how did John regard the Messiah? "I indeed baptize you with water unto repentance: but he that cometh after me is mightier than I, whose shoes I am not worthy to bear: he shall baptize you with the Holy Ghost, and [with] fire: Whose fan [is] in his hand, and he will thoroughly purge his floor, and gather his wheat into the garner;

but he will burn up the chaff with unquenchable fire" (Matthew 3:11-12). He simply described the attributes of Him. He did not speculate that the Messiah could come this way or that way. He simply quoted scripture or made reference to what he knew of the Messiah as it was revealed from God to him. Likewise, we are to tell only what we know scripturally.

So, when did John suggest that the Messiah could show up? "The next day John seeth Jesus coming unto him, and saith, Behold the Lamb of God, which taketh away the sin of the world. And looking upon Jesus as he walked, he saith, Behold the Lamb of God!" (John 1:29, 36). It was when Jesus showed up. Until then, John kept urging to get ready for the arrival of the Messiah.

But if we wait until Jesus shows up, then did we not fail to provide the warning? Not at all! We did not dull the minds on the subject. Our warning is simply to call people to repentance before Jesus shows up so that they are ready to meet Him. That is providing the warning message.

So, what prophecy did John fulfill, at least partially, that we are to fulfill? "And if ye will receive [it], this is Elias, which was for to come" (Matthew 11:14). "And Jesus answered and said unto

(Continued on page 4)

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 1. *What Does It Mean for the World to Have One Mind?*
 2. *I Am Come to Deceive the Whole World*
 3. *Who Is the Real Antichrist?*
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The mission of *Have One Mind (in Christ)* is to encourage the desire of “Looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat” (2 Peter 3:12), “Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth” (2 Timothy 2:15), and to “abideth in the doctrine of Christ” (2 John 1:9) by following the words of Jesus, “If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him” (John 14:23).

Editor and Founder

Jerry O'Donnell

About Have One Mind (in Christ) Ministry

This ministry is founded upon the necessity of raising the standard higher and higher. It is a non-profit, volunteer group of Christians who love God's Word and love people so much so that we do not want to see a single person lost.

Subscription and Donations

Although we are volunteers, the cost of this publication is challenging to provide to everyone for free. So, we are asking for a subscription of \$21 annually for 12 issues, and if the Lord impresses you with the means to be able to provide a donation, we definitely would welcome such and put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

TABLE OF CONTENTS

Main Article	Page 1
Heavenly Health	Page 5
News and Comment	Page 6
Recipe	Page 7
Natural Vitamins	Page 8
Questions and Answers	Page 9
Bible Study	Page 11
Natural Remedy	Page 12

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them, Elias truly shall first come, and restore all things. But I say unto you, That Elias is come already, and they knew him not, but have done unto him whatsoever they listed. Likewise shall also the Son of man suffer of them. Then the disciples understood that he spake unto them of John the Baptist” (Matthew 17:11-13). “Behold, I will send you Elijah the prophet before the coming of the great and dreadful day of the LORD: And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers, lest I

come and smite the earth with a curse” (Malachi 4:5-6). Keep in mind that the great and dreadful day is yet future.

And what was John like in regards to reacting to all of the news items of the day? “And when the messengers of John were departed, he began to speak unto the people concerning John, What went ye out into the wilderness for to see? A reed shaken with the wind?” (Luke 7:24). “That we [henceforth] be no more children, tossed to and fro, and carried about with every wind of doctrine,

by the sleight of men, [and] cunning craftiness, whereby they lie in wait to deceive” (Ephesians 4:14). We need to be firm and not be blown around by every article that seems to us as being a sign of the last days. We need to be steady and faithful to the message.

What we are to be preaching and teaching is outlined in God’s Word. Anything more is speculation and on Satan’s turf doing his handy work; all the while we think we are doing God service.



Who Is the Real Antichrist?

Who Is the Real Antichrist?



All of the people and even an object at one point or another has been labeled as being the antichrist, but what does the Bible really reveal?

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Heavenly Health

Health and God's Laws

Deuteronomy 28:1-2 says, “And it shall come to pass, if thou shalt hearken diligently unto the voice of the LORD thy God, to observe [and] to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth: And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.”

How can we even think of denying that there is a direct link to our health and obedience to God's laws; if we only do a surface reading of the book of Deuteronomy (which by the way, we do not endorse, but completely encourage a deep and thoughtful study of the chapters 27 and 28 of this book which directly relate to our health) we would have a clear understanding of blessings and cursings from obedience and disobedience, and how they mold our characters.

We tend to define laws as written in physical books while overlooking the ones right in our everyday paths. The whole world and entire universe operate on laws set forth from creation by the Creator. Everything in the universe operates in a timely and orderly fashion; everything is in perfect alignment and harmony with all other created objects when things are operating the way God intended, without human interference.

All the heavenly beings are in constant motion, and the Lord

Jesus, in His practical lifework when he was here on earth, has given an example for every man, also meaning women. In the book of Acts, we are told that Jesus “went about doing good” (Acts 10:38) every day, all day. He operated in obedient action helping others, while also helping his own body stay in good working order. God has established in the heavens this law of obedient action. Mostly silent, but ceaseless, the objects of His creation do their appointed work all around us.

In the Lord's plan, Adam, who was created pure, holy, and healthy, was given something to do. He was to use the organs God had given him in meeting his responsibilities. He could not have been idle. His brain had to work, his heart had to work, doing its regular, appointed job forcing the life force – blood – unceasingly to all organs and systems of the body. Every organ has to do its individually appointed work, unlike, but in unison with, the other surrounding organs. If physical inaction is continued, there will be less and less activity of the brain, and eventually a complete breakdown of every system within the body.

When we continually transgress nature's laws it is a transgression of the law of God. Had men always simply been obedient to the law of the Ten Commandments, carrying out in their lives the principles of those precepts, the curse of disease now covering the world

would not exist. As we can see in our own lives, when we transgress these laws of nature, we bring mental and physical suffering upon ourselves. Every time we break one of these natural laws, we damage these bodies that are “fearfully [and] wonderfully made” and even do slight damage to the operations of the universe by not being able to function and do our appointed assignment which each of us has been given, just as God gave to Adam; our mental, physical, and spiritual work has been marred. And the punishment for the violation does not fall on the transgressor alone; the effects of this violation can be seen in his offspring, and have been passed on from generation to generation.

Many tend to complain and blame God when their friends and families suffer or are taken in death; but it is not in the plans of God that men and women should lead lives of suffering and die prematurely, leaving their work, which He gave them, unfinished. God would have us live out the full measure of our days, with every organ in good health, doing its appointed work. It is unjust to charge Him with a result, which in many cases, is due to the individual's own violations and poor choices.

God ordained that all of the beings he created should work. Upon this their happiness depends. Healthy young men and women have no need of sports, or any kind of amusement just for selfishly

passing away the time. There are useful and necessary things to be done by every one of God's created, intelligent beings. There is always someone who needs from you something that will help him, which God gave you to give away – It all belongs to Him anyway. No one in the Lord's entire sphere of creation was made to be a drone, or sluggard, habitually lazy. Our happiness and health increase and our powers develop, and enlarge as we do our part of useful, God-assigned employment in the world.

We have no power when we are sluggards, but action gives power, and the same power which caused a thing to exist is necessary to continue its existence. This power comes from working within the boundaries of God's law.

God has established far above us in the heavens this law of obedient action. We cannot always hear it, but there is

ceaseless action taking place all around us, while all the things He has created are doing their assigned work all the time. The ocean is in constant motion. The new spring grass, "which today is and tomorrow is cast into the oven" (Matthew 6:30), quietly does its job, painting yards and fields with beautiful colour. The leaves are set in motion by the wind, and yet no hand has made them move. The sun, moon, and stars are all on a mission fulfilling their appointments, right on time. Man is to pay attention and learn from nature and follow the assigned order of nature by keeping his mind, and the body active which was created in God's own image; they must be active in order to fill his (man's) appointed place. Man is not to be idle, for idleness is sin.

What if the ocean stopped meeting its responsibilities being in constant motion; what if the air completely stopped moving – stop

and give serious thought to the trickle-down effects of just these two entities disobeying the law of obedient action placed inside them at creation, and ceased all motion. Absolute chaos would ensue.

On a much smaller scale, the same chaos takes place within our bodies in some way when we cease to be active – nothing about our being can actually function as it was designed to, and disease, entropy, takes over in some way, and death is then accelerated.

God is even offering to take away existing sickness in our bodies, as is shown in Deuteronomy 7:15, "And the LORD will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee; but will lay them upon all [them] that hate thee."

Choose obedience and live.



News and Comments

January 2—The Independent

Members of cult led by man who claims to be the reincarnation of Jesus Christ arrested at their campsite in rural Alabama

There is a problem with the group's belief in this mere human being personating Jesus. "Several people living in a campsite close to the community of Empire, Alabama, as part of a religious cult, who believe their leader is the incarnation of Jesus Christ, have been arrested."

Reincarnation or even incarnation

is not something associated with Jesus Christ, especially today. This is yet another example of "false Christs" as predicted in Matthew 24:24. And, of course, drugs are involved. There are no records of Jesus doing drugs with His disciples, or even alone.

January 31—CBS News

New ICE memo gives deportation officers more leeway to conduct warrantless arrests

ICE performing legal enforcement of the law is one thing, but keep in mind that whatever means they use will eventually be used against true Bible believing Christians. Our constitutional rights are being undermined. Revelation 13:11 says, "And I beheld another beast coming up out of the earth; and he had two horns like a lamb, and he spake as a dragon." These are steps in speaking like a dragon.



Healthy and Delicious Recipes

Cheesy Cauliflower Casserole

Cheesy Cauliflower Casserole

Ingredients

- 1 large head cauliflower, cut into bite-size florets
- 1 cup panko breadcrumbs
- 2 tablespoons vegan butter, melted
- 1 cup cooked rice (preferably leftover and refrigerated overnight)

Cheese Sauce

- 1 cup raw cashews, soaked in very hot water
- 2 cups unsweetened soy milk
- 1 cup vegetable broth, low sodium
- ¼ cup fresh lemon juice
- ¼ cup tapioca flour/starch
- ¼ cup nutritional yeast [substitute with chickpea flour]
- 2 tablespoons Dijon mustard [substitute with lemon juice and turmeric]
- 1 teaspoon granulated garlic
- 1 teaspoon granulated onion
- 1 ¼ teaspoons sea salt, or to taste

Instructions

1. Preheat oven to 400° F (200° C).
2. Grease a 3-quart casserole dish and set aside.

3. Combine the melted butter, breadcrumbs and a pinch of granulated garlic in a small bowl. Set aside.
4. To soak cashews, boil water in a small pot and remove from heat. Add cashews and cover for 15-20 minutes, until softened*
5. While the cashews are soaking, you can steam the cauliflower for 7-10 minutes, until just tender. Uncover and remove from heat.**
6. Drain and rinse cashews. Place all cheese sauce ingredients in a high-speed blender. Blend until cashews have completely broken down and the sauce is smooth, about 1-2 minutes.
7. Pour cheese sauce into a medium skillet/pot over medium heat and cook for 4-5 minutes until it thickens up a lot and becomes slightly stretchy.
8. Stir often to prevent burning. If sauce is too thick, you can add a little soy milk or broth to thin it out. Taste for seasoning, and add more if needed.
9. Pour ½ the cheese sauce on the bottom of the greased casserole dish.
10. Add the cauliflower and rice on top in one layer.
11. Pour the remaining cheese sauce on top of the cauliflower.
12. Sprinkle with prepared breadcrumbs and cover with foil.
13. Place in the oven for 15-20 minutes, until cheese is hot and bubbly.
14. Remove foil and bake for another 10 minutes or until breadcrumbs are light golden brown.
15. Remove from oven.

Notes

*Cashews: You can prep ahead and pre-soften your cashews by placing them in cool water for 4 hours (or overnight in the fridge). If you do not have a high-speed blender, the cashews might not completely break down and this could result in a gritty texture. You can try soaking the cashews longer for 12 hours or more.

**To add variety, you can also add a cup of mixed vegetables of your choice (I chose peas and carrots). You may have to adjust your sauce amount to your preference.

~ ~ ~

The concept of casseroles dates back to ancient times, when people first began cooking food over open fires. The word “casserole” is derived from the French language, with “cas” meaning “case”, and “role” meaning “bread roll”. This refers to the early practice of cooking food in a case or container made of clay or metal, and serving it with bread.



Natural Vitamins

Nutritional & Health Benefits of Limes

1. Immune support

- High in **vitamin C**, which helps your body fight infections and recover faster
- Supports collagen production for skin and tissues

2. Digestive health

- Natural acids stimulate digestive enzymes
- Can help relieve **bloating and sluggish digestion**
- Lime juice may support healthy gut bacteria

3. Heart health

- Flavonoids (like **hesperidin**) help reduce inflammation
- Potassium supports healthy blood pressure
- May help lower LDL (“bad”) cholesterol over time

4. Skin health & anti-aging

- Vitamin C + antioxidants help:
 - Reduce wrinkles

- Improve skin elasticity
- Protect against UV and pollution damage
- Lime water can support clearer skin from the inside out

5. Anti-inflammatory & antioxidant

- Helps neutralize free radicals
- May reduce chronic inflammation linked to arthritis and metabolic disease

6. Iron absorption

- Lime juice significantly boosts **non-heme iron absorption**
- Great pairing with beans, lentils, spinach, and grains

7. Kidney stone prevention

- High in **citric acid**, which helps prevent calcium stone formation

8. Weight management support

- Low calorie, high flavor

- Helps replace sugary drinks and improve hydration
- Can reduce cravings when used in water or with meals

Best Ways to Use Limes

- Fresh **lime water** (morning or throughout the day)
- On salads, fish, chicken, rice, or beans
- In teas or warm water with ginger
- Zest added to cooking (lots of antioxidants live in the peel)

A Quick Heads-Up

- Frequent exposure can erode tooth enamel → rinse with water after drinking lime juice
- If you have acid reflux, start small



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Questions & Answers

Question: Why forbid the use of wine and strong drink specifically, as recorded in the Bible to certain individuals, when no one was to drink it anyways, especially among the Jews?

Answer: In Luke 1:15, John the Baptist is described as, "he shall be great in the sight of the Lord, and shall drink neither wine nor strong drink". In Judges 13:14, Manoah is to instruct His wife: "She may not eat of any [thing] that cometh of the vine, neither let her drink wine or strong drink, nor eat any unclean [thing]: all that I commanded her let her observe." Please take note that she is not to eat anything unclean, but again, no child of Israel was to eat anything unclean anyways. These are a but a couple examples of such instruction that you are referring to.

Now, why give such instruction when no one was to eat unclean meats nor drink strong drink? The answer is called laxness. Even among Christians today, there is a laxness towards the "rules". Some rules are sinful, while others are not, but the spirit of rebellion is still strong and dangerous. We are to show forth the best example possible to the public; the Christian principles of "your body is the temple of the Holy Ghost" and "glorify God in your body, and in your spirit, which are God's" instead of participating in society's diseases because we were lax. Some Christians do drink alcohol. Some justify smoking. Some justify eating meat with blood in it despite being told three times by Luke not to eat anything with the blood (Acts 15:20, 15:29, 21:25).

So, in the acceptance of alcohol among a lot of the Jews, specific instruction was given to inform them to make sure they do not follow the acceptance in society of indulging in such activities. And in the case of Manoah's wife, even unclean meats had to be addressed as it appeared to be acceptable as well.

The bottom line is laxness is the answer.

Question: Is time travel possible?

Answer: No. Time travel is a counterfeit of the fact that God transcends all time. He knows the end from the beginning. He alone can be "Declaring the end from the beginning, and from ancient times [the things] that are not [yet] done" (Isaiah 46:10).

But let us imagine what time travel would mean, and the problem it would cause. If we did invent the ability to travel in time, here is what would result:

The first item would be a loss of faith. If we were able to travel back to the time of Noah, all atheists would have to then believe in the worldwide flood. Traveling back further, they would have to believe in creation. Traveling forward would reveal when the Second Coming would occur. Other events of controversy would also be settled such as, was it really the Red Sea Moses passed through or was it the Reed Sea? Were there really ten plagues as opposed to blaming natural occurrences using the word plague? Did Jesus really rise from the tomb or was His body stolen? Did He really perform miracles or

was He an illusionist? So again, people would walk by sight, instead of by faith.

The second item would be that of interfering with prophecy. Assuming the ability to move from mere observation to actually interfering, altering would cause a disruption of what God told us would happen. The beauty of God's language regarding prophecy is that it is somewhat unknown through symbolism that transcends time to become known once history is made it past. Beasts representing kingdoms is a great example, for if God declared actual names, it would be easy to avoid fulfillment by simply not using the names. Having a four-headed leopard easily describes the break up of Greece into four territories. If God would have stated plainly that the King of Greece would divide the territory to his four generals, adding a fifth or taking away one of the four would easily have altered that prophecy.

And then there are the direct fulfillments. How easy would it be to go back in time and kill off Noah so there would be no ark? How about Moses? How about preventing the ascension of Joseph to a throne in Egypt? How about even interfering with the life of Jesus? What would happen if there would be a successful assassination of Nebuchadnezzar or even Elijah?

The third item is the effect on forgiveness. The only way to be forgiven is, "If we confess our sins, he is faithful and just to forgive us [our] sins, and to cleanse us from all unrighteousness" (1 John 1:9). Instead, if we are truly sorry, with time travel, we would not have to confess. We would simply travel

I Am Come to Deceive The Whole World

How Satan, from his perspective, is distracting so many Christians while his agenda marches on.

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**I Am Come to
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the agenda is already upon us and increasing in intensity.

**Do you think
the attack on
gas stoves is
by chance?**

**Do you think
high fuel
prices are
typical of up
and down
prices?**

**Do you think
inflation is just
the normal
highs and lows
over the
economic
timeline?**

**While people
are distracted
by sports,
politics,
Hollywood
idols, etc., the
march towards**

back in time, prevent our self from ever committing that sin, which then negates the need to confess.

And fourth, time on earth would never cease and there would be different timelines of eternity. Eternity is based upon a "new heavens and a new earth: and the former shall not be remembered, nor come into mind" (Isaiah 65:17). That means that when Jesus returns in our moment in time, earth, 5 minutes prior, would still have 5 minutes to go, and the one 10 minutes prior would have 10 minutes to go, and so on and so on to the point that there would be so many versions, one's mind would just explode. There would be 60 different versions if we looked at one minute separated by seconds. But life is not dependent upon the seconds. Even computers compute upon the thousandth of a second. That would equate to 60,000 versions in one minute. But who says thousandths is the common denominator? This is just getting out of hand now.

As we are told, time, outside of what Isaiah 66:23 tells us, is not going to have an effect on eternity. "And it shall come to pass, [that] from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith the LORD." We will all experience time on the same plain throughout eternity. There is not a Jesus of five years from now and another of five years past as well as one that is now. "The LORD our God [is] one LORD" (Deuteronomy 6:4). There is "one Lord Jesus Christ, by whom [are] all things, and we by him" (1 Corinthians 8:6), in which "all things" includes time.



Study to Shew Thyself Approved Unto God—(2 Timothy 2:15)

The Most Expensive Food Choices

1. What was one of the costliest food choices? **Genesis 3:1-6**
2. What days reveal the distractions from the second coming regarding food? **Luke 17:26-29**
3. What choice did Samson make regarding food that revealed another step in his downward spiral from God? **Judges 14:8**
4. What did Johnathan's father, King Saul, proclaim that showed his pride? **1 Samuel 14:27-29**
5. What did David eat that cost the life of a priest? **1 Samuel 21:4-6**
6. What did Daniel and his friends not participate in, even though their lives could have ended

over it? **Daniel 1:8**

7. What food was suggested to Jesus that would have cost the world's salvation if He had eaten it? **Matthew 4:3-4**
8. What did Jesus offer for salvation sake to be eaten and drunk? **John 6:53-56**
9. What meal was considered the most expensive meal? **Matthew 26:26-28**
10. What meal should none of us want to miss out on? **Revelation 19:9**

Answers for February 2026

Come Out of Babylon

1. What are people called to come out of? **Revelation 18:1-4 [Babylon]**
2. If we are not guided by God, what state are we in then?

Psalms 71:1 [confusion]

3. How have people entered into such a state that they are unable to endure? **First half of 2 Timothy 4:3 [sound doctrine]**
4. What type of teachers do these people turn to? **End of 2 Timothy 4:3 [teachers, having itching ears]**
5. What two things are these false teachers expected to speak or teach? **End of Isaiah 30:10 [smooth things and deceits]**
6. Seeing that these teachers have the easy gospel, what does the congregation deny? **2 Timothy 3:1-5 [power]**
7. What is that item that they are denying? **2 Peter 1:3 [divine power]**
8. What would such power allow them to escape? **2 Peter 1:4 [corruption that is in the world through lust]**
9. In listening to the true gospel, what does such an item lead to? **Romans 1:16 [salvation]**

10. Having victory over worldly attractions and activities acknowledges who to be greater? **1 John 4:4 [he that is in you]**



Natural Remedies

Coconut Oil for dry lips

Known for its rich hydrating and antibacterial properties, coconut oil can be applied as a protective, soothing layer for chapped lips, especially for nighttime use. Coconut oil's medium-chain fatty

acids lock in moisture and protect the lips from environmental stressors. Plus, its natural antibacterial effect helps guard against minor infections that can sometimes accompany cracked,

dry lips. Apply a small amount to your lips before bed, and let it work its magic overnight.



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