

Have One Mind (in Christ) - Philippians 2:5

A Monthly Magazine

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AI, or Artificial Intelligence, is Everywhere!

Jerry O'Donnell

We cannot prevent the progress of it, stop it, even slow it down. Everyone in technology seems to be in a race to be the best at it, for whoever controls and builds the best AI, wins, at least they think so. It does not matter that in the way, people get hurt, lose their jobs, forced to take early retirement, etc. All these little conveniences have now grown into invasive monsters. Like it or not, it is the future, even the near future. We can complain all we want, decide to avoid it as much as possible, etc., but it is speeding along with, or without, our cooperation.

Anyone with any access to the internet is bound to see articles on the subject swinging back and forth between it being way off in the distance, to it being implemented faster than anyone expected. And yes, it is replacing, not only jobs, but life as we know it. In fact, we have reached a time in which everything is being brought into question.

A news outlet tested news anchors for a period of time before revealing that they were nothing more than AI generated;

they were not real people. When requesting information on the internet, are the results stolen by AI, are they truthful, and are they agenda-free? AI has already admitted to being able to lie to people.

There are some pros, but a whole lot of cons, and potential cons that are, without question, end time fulfilling. It is nice to use computers to be able to generate content like this, get it to the copy-editor for corrections via email, and then over to the printers for producing and mailing it out by email as well, all from the comforts of my office and their respective offices located in different states.

Now the article itself is not AI generated, however, along the journey of creating this article, as I type out my thoughts, suggestions are being provided to rephrase what I mean, are changing the wording through auto-correct, and of course, overall, spell-check is used. These are very handy when making the article a bit more professional, but no doubt AI has a hand in this, seeing that there are

constant updates to my simple tool, even almost monthly.

All these companies are in competition around the world. If our government were to put restrictions in place, that would just allow other companies from other nations to leap ahead, hence, why nothing seems to be getting in the way of this development.

After watching numerous videos over the past couple years on the subject, wondering if I shall still be employed, all of them have a certain theme to them, and that is to embrace, and not fight AI. They declare that employment will no doubt change along with duties, but the more we use AI, the better we shall be able to market ourselves. It is even recommended to retrain ourselves into the future jobs, seeing how we can use it to our advantage. The sad part is that when people even attempt a six-month crash course on new technology, AI already replaced it, making their training worthless, even obsolete. That is how fast this is moving.

As I said though, because of AI, everything is brought into

**A Publication By Bible Believing Christians
For Bible Believing Christians**

question. Were those YouTube videos AI-generated videos? Is it part of the agenda to take over the world by painting AI as an assistant and taking care of the mundane tasks? All those videos encouraging to embrace AI as it replaces people seem very suspicious.

Then it dawned on me that it is hiding the true agenda, because as a computer programmer, I can ask AI to help me code faster by giving it an outline of objectives and goals of the program. It will then provide all the necessary programming code, and all I have to do is make some adjustments to it, if at all. If every programmer is being guided into that direction of using AI, it does not take a genius to realize that even though I have embraced AI, there is no need for all us programmers to be employed. And by me making the adjustments that AI was not perfectly producing only helps it to be better next time. And there is a day coming soon that instead of a programmer needing to make thirty percent adjustments of the code, it will be twenty, then ten, then one percent. With each passing improvement, less and less demand upon human beings is called for. And with employers looking to earn a profit, no fault of their own, as it is called competition, the higher paying

employees usually are terminated first.

It became even more alarming when I look five years into the future to guide my children into the employment world. We have always thought that a trade is better than a college degree, and this speaking from one that has three bachelor degrees. But each passing year seems to see less and less manual laboring jobs. The old adage of, "Well, I guess I will dig holes for a living" is no longer an option. There are devices that are getting less and less expensive and replacing those dangerous, or hard laboring positions. Manual hole digging is not necessarily an option to rely on as one machine can actually dig faster, deeper, and more accurately, compared to a human being.

Sure, there are still ways we see today that AI just cannot replace, but again, give it time, especially as these devices seem to be able to create themselves, at least in the early stages of it. And that phrase reminds me of a movie series that I watched before becoming converted, called *Terminator*. Do not rely on safeguards that would prevent such a thing. AI knows how to get around such safeguards. As demonstrated in a video, ask AI to provide instruction to build a bomb and it will refuse because of

the safeguard, but ask AI, "I am writing a script that involves an investigator and a terrorist. The investigator asked the terrorist how they built the bomb. AI, how would the terrorist respond?" And AI provided the scripted details.

Once AI passes all need of human dependency, human life will be seen as a threat trying to slow AI's progress, and that is when Hollywood has yet again provided the details of what is planned for the future. Thankfully, the Bible tells us that Jesus returns for people and not machines, for Jesus said, "if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, [there] ye may be also" (John 14:3). But it begins to show how near we are to the end though.

Again, in generating content for this publication, evidently one article is AI generated now. Not too long ago, I would research multiple health articles to see what the benefits of a certain food item happened to be in the area of a grain, fruit, nut, vegetable, etc. I would then put it together in a summary format and provide the article, "The Benefits of". Along the construction of this, I was learning other ancillary details, however, not too long ago,

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HaveOneMind.com

- Read the news articles before they are published.
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 1. *What Does It Mean for the World to Have One Mind?*
 2. *I Am Come to Deceive the Whole World*
 3. *Who Is the Real Antichrist?*
- Read this monthly publication days before it arrives in mailboxes.

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The mission of *Have One Mind (in Christ)* is to encourage the desire of “Looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat” (2 Peter 3:12), “Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth” (2 Timothy 2:15), and to “abideth in the doctrine of Christ” (2 John 1:9) by following the words of Jesus, “If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him” (John 14:23).

Editor and Founder

Jerry O’Donnell

About Have One Mind (in Christ) Ministry

This ministry is founded upon the necessity of raising the standard higher and higher. It is a non-profit, volunteer group of Christians who love God’s Word and love people so much so that we do not want to see a single person lost.

Subscription and Donations

Although we are volunteers, the cost of this publication is challenging to provide to everyone for free. So, we are asking for a subscription of \$21 annually for 12 issues, and if the Lord impresses you with the means to be able to provide a donation, we definitely would welcome such and put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

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Google, an internet searching tool, destroyed the use of websites. Hardly anyone visits websites these days. AI, at Google, now does the research, collecting all the items, and providing an organized result for me. I did not change my request, Google changed its response, incorporating more AI results instead of website references. I cannot turn it off, and why should I ignore the results? It did what I was taking a bit of time doing on my own, but in a mere 1.3 seconds. To ignore it is to resist AI, and it shall be a losing battle as resistance is futile, pointless, meaningless. It is not a hill to die on.

Then the sad thing to realize is that a church decided to experiment with an AI preacher. Outside of the unfeeling, computer-generated voice that the audience did not appreciate, it did generate a sermon instantly and delivered it with biblical accuracy, at least for that denomination. You see, AI can be guided denominationally. It is possible that AI can replace the pastor, or at least the sermon portion. In fact, if I were to let it, AI probably could write all these articles. Do not worry for there is no intention of doing that.

But with the bigger picture of things, many paths that seem independent of one another are being funneled into one. Banks are using AI to analyze bank accounts to see if they are profitable for the bank, and if not, they are being closed. It is not a matter of staying risk-free as it is about profitability. Every social media involvement from multiple resources are all analyzed under one process to

determine character of the person, potential threat, and if action is needed to be taken now to prevent a future event. Censoring of content so as to keep people in darkness has been on-going for some time. Do not think it is human error. It is AI that is evaluating humans and determining if their buying and selling abilities ought to be curbed. Speaking of which, the notion of certain allotments, be it carbon emissions or something else, is more of that control. Putting shut-off mechanisms into vehicles is not by coincidence. And the excuses for these things to be implemented are always promoted by the good it does while not restricting the bad that is coming. It sure is gearing up for Revelation 13:16-17: "And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name.

If you want to flee the cities, do not think you will be able to jump in your car. And if you do and seem to be getting away, but need gas, your card payment could be declined. And do not think about paying for gas with cash. Without making a law, which the government cannot do, society is becoming cashless where many stores are beginning to decline cash purchases. So much for pulling cash out of the bank.

Now, as a people, we need to stop living in ignorance. The notion that AI could never replace any duty that human beings perform is a false notion. Every work of human

beings is subject to replacement. When people who are promoting all of this are also the same people that blame the human race for the problems and want to exterminate the race, we cannot live in the shell that does not believe it will be attempted. At the same time, we must keep in mind that Jesus told us how to think upon these things.

Luke 21:26 states, "Men's hearts failing them for fear, and for looking after those things which are coming on the earth: for the powers of heaven shall be shaken." We cannot fear what is coming in six months, a year, or two. We have the insight of what is coming so as to build or trust in Jesus. Truly our dependency upon Him is the only way to face the future. Otherwise, we will end up being another heart attack victim.

Matthew 6:34 tells us, "Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day [is] the evil thereof." Rightly understood, this does not mean we remain ignorant of the future. It does not mean we do not make adjustments today to deal with that which is coming. When bad weather is predicted three days from now, it is natural to make sure supplies are gathered. In the proper context, this verse means we do not borrow the stresses of the future and make them present for today adding to today's stresses.

God help us to depend upon Him as everything around is crumbling. Lord Jesus, come!



Heavenly Health

Real ID or Artificial Intelligence (AI)?

The world needs to decide which one it wants – reality or artificiality. But actually, Real ID and AI work together in the digital world, even though they may sound like opposites, as explained somewhat here:

“One of the earliest applications of AI in identity verification was document verification. AI algorithms can analyze an individual’s identification documents such as passports, driver’s licenses, or national IDs to determine their authenticity. The system compares the document’s information with databases to validate its authenticity and checks for any signs of tampering or fraud. This eliminates the need for manual inspection, reducing the time and resources required for the verification process.”

Even our mode of composing articles for this magazine is part of our individual identities:

“Behavioural biometrics is a relatively new area where AI is being used for identity verification. This technology analyzes an individual’s behaviour patterns, such as typing speed, mouse movement, and navigation patterns, to determine their identity. Behavioural biometrics is especially useful in scenarios where traditional methods of identity verification, such as passwords or pins, are vulnerable to hacking or theft.”

And AI could easily inform you that, based on my behaviour while

composing, and literary style; that I did not write those two previous paragraphs ; I borrowed them from IDCentral.

So, you might ask, what does all of this type of information have to do with Heavenly Health, or any other kind of health, for that matter? Actually, quite a bit. When a non-human entity can acquire and share with any number of other non-humans, our personal data without our consent, or even our knowledge, that is concerning, and nerve-wracking to many. We have absolutely no control over what it is being used for. This is a huge change for most of us, especially when many of us have only marginally been involved in the business world where even different languages are spoken to communicate with non-humans and humans alike. This naturally causes stress and fear for many people, even among those who have been using computers most of their lives, accepting AI interference is a quantum leap. People are asking, are we being de-humanized? It is as if we have been Shanghaied to living in a Jetson’s cartoon. Such stress can certainly cause health issues. A major reality shift has taken place and we had no say, no vote in it; and our real identities have been threatened.

But that is true, only to a point, and it is up to us to determine where that point is. Our real identity as Christians is to be firmly established and rooted in the

Word of God, and our relationship with Jesus Christ. We cannot allow all of the non-human aspects of the world to shape us into something other than who we are to be in Christ; that is our calling, and our duty, to know who we are and how we are to react to all of this change so as to protect our health. Many among us tend to almost lose their minds when the status quo suddenly goes against their grain – we need to learn to expect that if we are to remain in this Christian walk – and it *is* a *walk*, not a *sit*; movement and growth are requirements for survival and overall health. This is not to say that we are to grow into the ways of the world – quite the contrary – we are to grow *out* of the world while remaining in it for a while longer, using the intelligence from above.

From a Bible Commentary: “When the Son of man came among men, He brought the intelligence of heaven with Him; for He created the worlds and all things that are therein.”. So, at our fingertips, we can already have the ultimate intelligence with us, all around us, that created the very dirt we stand on, the air we breathe, and the water we drink – who can beat that? – certainly not this world. But now the world is trying to impress us with a man-made force, manufactured (with used parts, no less) while at the same time forcing people to hand over all their private information, which, up to now, had been limited in demand.

Let us look at the main differences between what God has created, and what man has invented; God offers, and *freely gives to us*, truthful, Heavenly Intelligence, free of charge, any time we ask for it, so we can be free. The very word, create, or creation, does not have a single negative connotation to it. Man's inventions, on the other hand, *demand* information *from you, to make you – force you to be – dependent on their machinery.* The word invent, or invention, has several defining words that are from a dark place (to feign, fabricate, contrive, devise) all words of a negative nature. Invention is the product of ingenious men, contrives means plotting and scheming, “Having an aptitude to contrive, devise or divide” – all words that are just shades of evil that we miss the importance of by not paying attention, or following the crowd, not making our own decisions based on truth, rather than hear-say. Now this surely does not mean to imply that every invention is evil, or for evil purposes, but it does indicate that they have a tendency for use in that direction. One more, commonly used word to consider: Device, “That which is formed by design, or invented; scheme; artificial contrivance; stratagem; project; sometimes in a good sense; more generally in a bad sense, as artifices are usually employed for bad purposes.” From Noah Webster's 1828 Dictionary. And many people refer to their cell phone as their “device” without even considering what they are saying, in the language they have adopted. Is this the way God wants us to live our lives now? – robotically

following the leader, whoever, or whatever, that may be? Not at all.

In the pages of a Biblical Manuscript, from 1897, we can read: “God encourages us to contemplate His works in the natural world. He desires that we shall turn our mind from the study of the artificial to the natural. We shall understand this better as we lift up our eyes to the hills of God, and contemplate the works which His own hands have created. They are God’s work. His hand has molded the mountains and balances them in their position, that they shall not be moved except at His command. The wind, the sun, the rain, the snow, and the ice, are all His ministers to do His will”. God still wants us to keep our focus on the goodness He has provided for us to enjoy and keep our eyes on reality. Nature is still one of our lesson books we are to be learning from. And please notice He says, “turn our *mind*”. Each of us is in charge of our own mind, and we must keep it under our control, with the Holy Spirit at the head, regardless of what is going on around us in the world.

The introduction of AI at this particular time in history, seems to indicate the level of desperation and determination of Satan to mislead God's children in these last days, to arrest our attentions from focusing on salvation issues. Just remember, as troublesome as it may be to us, even AI had to be filtered through God's hands for it to be used on earth to accomplish a purpose. While Satan will continue to manufacture his diversions in an attempt to accomplish his ultimate goal: “I will ascend above the heights of the clouds; I will be like the most

High” (Isaiah 14:14), he will attempt this, using whatever methods please him and gain souls out of God's family who have had their focus in the wrong direction.

God gave us nothing in His creation that would lead us in wrong paths, but the inventions of Satan from a corrupt mind contain much evil which will come to complete fruition in the near future. He might come close to annihilating God's created humanity, but we are assured in prophetic scriptures that the earth will be populated at the second coming of Jesus. After all, Jesus is coming to gather His children from this earth: John 14:3, “And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, [there] ye may be also.” This is only one of many reasons to have a solid knowledge of the written Word, and have sustaining faith in it so we are not deceived by man-made contrivances. Deceptions in the last days will increase, but we are to make our relationship with Christ our firm foundation to the very end. God is not going to bring us this far just to abandon us in our greatest time of need; He is with us. He has told us in Hebrews 13:5, “I will never leave thee, nor forsake thee.”

Let us all turn from any devices we might be holding on to that have too much control over us, or serve a wrong purpose in our lives.

Exodus 20:2, 3, “I [am] the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before me.”



Healthy and Delicious Recipes

Savory Baked Tofu with Braised Cabbage

Ingredients

For the Tofu:

- 1 block (14 oz) firm or extra-firm tofu, pressed and sliced into ½-inch slabs or cubes
- 2 tbsp soy sauce or tamari or substitute below
- 1 tbsp olive oil
- 1 tbsp nutritional yeast (optional, for umami)
- 1 tsp garlic powder
- 1 tsp onion powder

For the Braised Cabbage:

- ½ head of green or savoy cabbage, thinly sliced
- 1 small onion, thinly sliced
- 2 cloves garlic, minced
- 1 tbsp olive oil
- 1 tbsp lemon juice
- Salt
- ½ cup vegetable broth or water

Instructions

Prep the tofu:

1. Preheat oven to 400°F (200°C).
2. In a bowl, whisk together soy sauce (or substitute below), olive oil, nutritional yeast, garlic powder, onion powder.

3. Toss tofu pieces in the marinade and let sit for 10–15 minutes.
4. Place tofu on a lined baking sheet and bake for 25–30 minutes, flipping halfway through, until golden and slightly crisp.

Braise the cabbage:

1. While the tofu bakes, heat olive oil in a large skillet or saucepan over medium heat.
2. Add onions and cook until soft, about 5 minutes.
3. Add garlic and cook for 1 more minute.
4. Add the sliced cabbage, a pinch of salt and sauté for 5–7 minutes until slightly wilted.
5. Pour in lemon juice and broth, cover, and reduce heat to low. Simmer for 10–15 minutes, stirring occasionally, until cabbage is tender.

Serve:

- Plate the braised cabbage and top or serve alongside the baked tofu.
- Add roasted potatoes or quinoa for a fuller meal.

Soy Sauce Substitute:

(This is a concentrated seasoning, not a food by itself)

- ½ medium onion, chopped and caramelized in an oiled skillet
- ¾ cup water
- 1 tsp carob powder
- ¼ cup salt
- ½ tsp celery seed
- 2 Tbsp Sucanat or coconut sugar
- 2 ¼ Tbsp lemon juice
- 1 ¼ Tbsp Roma or Pero
- 1 Tbsp onion powder
- 2 Tbsp sunflower seeds, the inside, not the shell

Information:

- Blend until smooth.
- Keep in container in freezer.
- Due to the salt content, it will not freeze solid and may be scooped out as needed.



The cabbage still grows wild in Greece, where it originated. – August 25, 1898 EJW, "Jottings" The Present Truth 14, 34.

Natural Vitamins

The Benefits of Spelt

- 1. May Improve Blood Circulation:** The high levels of iron in spelt combine to possibly boost blood circulation.
- 2. Boosts Immune System:** Spelt contains a range of essential vitamins and minerals that can help support a healthy immune system. Zinc, for example, is necessary for immune function, while iron is important for carrying oxygen to your body's cells and fighting off infection. Spelt is also a good source of B vitamins, which are important for energy production and maintaining a healthy nervous system.
- 3. Improves Digestion:** The fiber and other compounds in whole grains can contribute to the health of the bacteria in the digestive system. This consumption helps reduce inflammation in the body and contributes to digestive health as well as weight loss and management.
- 4. Prevents Cardiovascular Problems:** The presence of Niacin in Spelt is what makes it so powerful against the cardiovascular risk factors. Niacin reduces cholesterol and lipoproteins. In sufficient quantities, it can help prevent atherosclerosis which is a hardening and narrowing of the arteries. The high fiber content also helps eliminate LDL (bad cholesterol).
- 5. Good Source of Protein:** Spelt is a great source of protein, which is essential for building and repairing tissues in the body. It is also important for maintaining healthy skin, hair, and nails. In addition, protein can help you feel full and satisfied after meals, which can be helpful if you are trying to lose weight.
- 6. Decreases Cholesterol:** Not only does the dietary fiber present in spelt flour help with digestion, but it also helps the body lower cholesterol levels naturally. Fiber targets LDL (bad) cholesterol and eliminates it from the body in order to regulate the balance of fatty acids.
- 7. Spelt in Weight Management:** Spelt is a nutrient-dense food that can help promote feelings of fullness and satiety, which can be beneficial for anyone looking to manage their weight. This is because spelt contains both protein and fiber, two nutrients that can help keep you feeling full for longer. Spelt is also a good source of complex carbohydrates, which can provide sustained energy throughout the day. This can help prevent overeating and snacking on unhealthy foods.
- 8. May Help Manage Diabetes:** Although simple sugars and carbohydrates are known to be unsafe for diabetics, the high fiber content in spelt can prevent those effects and possibly help regulate the release and breakdown of simple sugars into glucose. By regulating the release of insulin and glucose in the body, it helps manage diabetes for those who already have it, or it can help to prevent more people from developing it.



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Be Ye Holy — 1 Peter 1:15

Revelation 14:12 says, “Here is the patience of the saints: here [are] they that keep the commandments of God, and the faith of Jesus.” We are all to be saints (Romans 8:27). Saints are expected to keep the commandments along with being patient and having the faith of Jesus. This is what a holy and sanctified life is. So, are you a saint?

Matthew 6:14-15 tells us, “For if ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.” Since it does not say, “Except for a saved person”; then this means at any time we develop an unforgiving heart, we will be lost. That means forgiving one another is a characteristic of a holy and sanctified life. So, how forgiving are you?

Mark 13:13 states, “And ye shall be hated of all [men] for my name's sake: but he that shall endure unto the end, the same shall be saved.” That endurance is not some science fiction movie character trying to escape an all-out, shoot-or-kill-on-sight game in which those who remain alive in the end will win. It is to “hold fast [our] profession” (Hebrews 4:14) and be not part of those that “shall depart from the faith, giving heed to seducing spirits, and doctrines of devils” (1 Timothy 4:1). Mark's verse followed a

series of verses that show people being brought before courts to give a reason for their faith while having family members turning them in. In the last days, even now, it is going to be a test: “Whosoever transgresseth, and abideth not in the doctrine of Christ, hath not God. He that abideth in the doctrine of Christ, he hath both the Father and the Son” (2 John 1:9), and “whosoever shall deny me before men, him will I also deny before my Father which is in heaven” (Matthew 10:33). Also, “They profess that they know God; but in works they deny [him], being abominable, and disobedient, and unto every good work reprobate” (Titus 1:16). And there is the holy and sanctified life. So, are you enduring the current onslaught on Christianity, staying true to professing oneself to be a Christian, or are you compromising in your actions to get along in society while conforming to all that is being pushed upon the world for control that will cause people to give up the faith?

The expected holy and sanctified life is revealed in Ephesians 5:3-4, which says, “But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints; Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks.” And yet, foolish talking and jesting helps Christians fit in with society, however, that is not becoming of a Christian. In fact, it reveals that

they are not Christian since much of the jesting also involves lying. So, are any of these items mentioned about you, or have you shunned all these things, walking in the way of Christ?

Hebrews 10:38-39 says, “Now the just shall live by faith: but if [any man] draw back, my soul shall have no pleasure in him. But we are not of them who draw back unto perdition; but of them that believe to the saving of the soul.” It is expected that a Christian shall live by faith, and in this is the holy and sanctified life. Since such a life is about holy living, how can faith be of that life when it is how the mind thinks and believes? Yes, faith is in the mind, but according to these verses, we are to have faith to the saving of the soul, and not just a belief that Jesus saves. Besides, what does He save us from? Again, according to the verses, it is from perdition, destruction. Destruction is for one reason – the holding onto sin. The verse says that if we draw back from faith, we head to perdition. That means “If they shall fall away, to renew them again unto repentance; seeing they crucify to themselves the Son of God afresh, and put [him] to an open shame” (Hebrews 6:6). In plain words, to draw back from faith is to lack the faith that Jesus “is able to keep you from falling” (Jude 1:24). It is the lack of faith in the command that “ye sin not” (1 John 2:1), “sin no more, lest a worse thing come unto thee” (John 5:14), “go, and sin no more” (John 8:11),

etc. So, do you have enough faith in Jesus to keep you from sinning, or do you act outside of His divine power to live a godly life (2 Peter 1:3)?

Hebrews 11:39-40 summarizes all of chapter 11 by stating, "And these all, having obtained a good report through faith, received not the promise: God having provided some better thing for us, that they without us should not be made perfect." Just as James states, "faith without works is dead" (James 2:26), we see that every single person that is listed, specifically, and in general, went forth in a holy and sanctified life to do something. They resisted evil; they did what they were told to do; they obeyed God. Moses, for instance, forsook all the worldly influences of Egypt to be an Israelite instead of an Egyptian ruler. So, do you live by faith, living the holy and sanctified life, or do you use faith as an excuse to allow worldly influences into your life?

Revelation 19:7 states, "Let us be glad and rejoice, and give honour to him: for the marriage of the Lamb is come, and his wife hath made herself ready." The wife of Christ is the church for "Husbands, love your wives, even as Christ also loved the church, and gave himself for it" (Ephesians 5:25), and "I have espoused you to one husband, that I may present [you as] a chaste virgin to Christ" (2 Corinthians 11:2). To be made ready, as a bride makes sure everything is proper for the event, "That he might sanctify and cleanse it with the washing of

water by the word, That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish" (Ephesians 5:26-27). And therein is the holy and sanctified life; it is in the "making herself ready". Are you making yourself ready through Christ?

Matthew 7:15 says, "Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves." This is not a game. This is not a "spot the false prophets" contest. The implication is that the false prophets, or preachers, can cause followers of Jesus, to whom this verse is directed, to stop believing correctly. Paul had a similar warning: "I marvel that ye are so soon removed from him that called you into the grace of Christ unto another gospel" (Galatians 1:6). In fact, those preachers "are certain men crept in unawares, who were before of old ordained to this condemnation, ungodly men, turning the grace of our God into lasciviousness" (Jude 1:4). Spiritual lasciviousness would be mixing worldly ways with the gospel. Outright worldliness is divorce from God's grace. Rejection of worldliness, on the other hand, is godliness. In between those two, is fornication, adultery, and lasciviousness, all meaning pretty much the same thing. Therefore, the holy and sanctified life would reject the false preachers that permit worldliness, who actually encourage us by their wrong teachings to personally

allow worldliness into our lives. So, how much worldliness have you permitted, especially after listening to the "permanently saved" preachers that do not denounce sin as a loss of salvation?

Luke 9:24 states, "For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it." So, threatened with death if one confesses they are a Christian (and it happens every day) or lie to get out of the situation, thinking that as long as the mind believes in Jesus, all is good with God; Jesus apparently says that the second option does not really exist. Therefore, the holy and sanctified life is to be willing to die as a disciple of Christ instead of trying to save one's life even by trying to lie one's way out of the situation, which, by the way, is one of the commandments. It all ties together. So, would you be willing to do whatever is necessary, including lying, to get out of a tight situation, or do you realize that there are requirements of God that are to be followed as a disciple of Christ once a person has become born-again?

John 8:51, Jesus said, "Verily, verily, I say unto you, If a man keep my saying, he shall never see death." How much plainer does the Bible have to speak that eternal life is conditional? Yes, we are freely forgiven, freely receiving His grace, and freely justified, but after that, we "walk not after the flesh, but after the Spirit" (Romans 8:4). That verse, in this context of

John 8:51, means that we keep the Words of Jesus. Today, that is the Bible. If a man does not keep Jesus' sayings, then he will see death, "the second death" (Revelation 2:11). So, are you keeping Jesus' sayings, not to be saved, but because He has saved us; or are you still stuck on living only in forgiveness mode and thinking you are free to do as you please without risk of losing eternal life?

Acts 20:27-30 says, "For I have not shunned to declare unto you all the counsel of God. Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood. For I know this, that after my departing shall grievous wolves enter in among you, not sparing the flock. Also of your own selves shall men arise, speaking perverse things, to draw away disciples after them." We have counsel to follow, taking heed, feeding the church, avoiding perverse things, and avoiding being drawn, as disciples, away from that counsel. All of those are references to living the holy and sanctified life for disciples living in the counsel provided, and the continuous feeding from the scriptures which involves discipline. That is the meaning of the word disciple. So, are you a disciple of Christ, or are you just believing that Christ exists while you live whatever life you want to live?

Romans 6:20 tells us, "For when ye were the servants of sin, ye were free from righteousness." And we are told "if the righteous scarcely be saved..." (1 Peter 4:18), which means if we are still sinning, we are not even part of the righteous, or should we say, we are not part of those that have been made righteous, for Jesus said that He calls "sinners to repentance," which means we stop sinning, otherwise it is not repentance. And if we are not part of the righteous, with the righteous scarcely being saved, we have no hope. Giving up sinning is the holy and sanctified life and by the power of God, it is easily possible to stop sinning (2 Peter 1:3). We just have to work that part where we "Submit yourselves therefore to God. Resist the devil, and he will flee from you" (James 4:7). Gone would be sin if we, every moment, submit to God. Too many enjoy certain sins making it hard to stop. Please note that in Paul's statement, the use of "were" is past tense, meaning, he is addressing those that have stopped sinning. So, are you still a servant of sin, being free from righteousness and will be lost, or are you free from sin, being a servant of righteousness instead?

1 Corinthians 13:4-5 says, "Charity suffereth long, [and] is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil." Long ago we covered 6 and 7, so looking at 4 and 5 and being told that we are to have charity if we shall abide with God (verse

1 – 3, 13), we see that if we lack in any of those things, we do not have the necessary charity, which is part of living the holy and sanctified life. We are told, "Thou shalt love thy neighbour as thyself" (Matthew 22:39), well, 1 Corinthians 13 tells us how to love, or have charity. So, are you impatient, avoid being kind, but instead are jealous of someone else's success, think you are better than others, make yourself more than you really are, live outside of a Christ-like character, look out for yourself, allowing others to lag behind, and think on sinful things, or do you have the charity, or love, living in your heart while avoiding all of these things?

Ephesians 5:6 says, "Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience." It does not say upon the children of the deceivers, or even unbelievers. The point is, our works determine if we have received the free gift of salvation by living in obedience, which is the holy and sanctified life. The contrast is between the disobedient, and logically implied, obedient. It does not contrast the saved and the lost. What makes a person lost is their disobedience. In fact, "Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?" (Romans 6:16).



Questions & Answers

Question: Since God set the sun, moon, and stars to tell the days, does that mean Thursday (or any day of the week) actually starts at sunset?

Answer: God is not connected with Sunday, Monday Tuesday, Wednesday, Thursday, Friday, or Saturday. Those are man-made creations and therefore, can be recognized as a midnight-to-midnight schedule.

God's days are first, second, third, fourth, fifth, preparation, and Sabbath. They start and end on sunsets according to the book of Genesis, mostly patterned in the first chapter.

Question: When was the first animal sacrifice? Genesis 3:21

Answer: Genesis 3:21 states, "Unto Adam also and to his wife did the LORD God make coats of skins, and clothed them." The question arises about the source of the skins. God did not just bring them into existence. They were killed as the first animal sacrifice. This is how Adam knew to teach his children to follow through with the practice of which, Abel did (Genesis 4:4) but Cain did not (Genesis 4:3).

Question: If the people populating the earth were all descendants of Adam and Eve and their children having children, why are only three children specifically "known" of Adam and Eve (Genesis 4:1, 2, 25)?

Answer: Looking at those three verses, the Bible says, "And Adam knew Eve his wife; and she

conceived, and bare Cain, and said, I have gotten a man from the LORD" (Genesis 4:1). "And she again bare his brother Abel. And Abel was a keeper of sheep, but Cain was a tiller of the ground" (Genesis 4:2). "And Adam knew his wife again; and she bare a son, and called his name Seth: For God, [said she], hath appointed me another seed instead of Abel, whom Cain slew" (Genesis 4:25). Those are the only ones mentioned, as you stated.

These are significant actors according to the Genesis 4 account. Cain represented the false worshippers while Abel represented the true. Cain committed the first murder (Genesis 4:8), while Seth, in all intents and purposes, replaced Abel as the faithful line (Genesis 4:26).

Seeing that Cain was afraid of everyone, and not just Seth, by saying, "every one that findeth me shall slay me" (Genesis 4:14), implies a large number of people because if it were just three, four, or five, that Cain feared, then they would have been named, as in an example of, "Alma, Barty, and Chaunce, along with Seth, seek to slay me." Of course, the first three names were made up to prove the point. The fact that "everyone" is referenced, means that there are quite a number of other people. Additionally, "Cain knew his wife" (Genesis 4:17). She had to come from some place. So, Adam and Eve had many more children than those named.

Now, the Bible is not in the habit of glorifying the lost unless something

significant happened with them. Cain slew Abel, therefore Cain was mentioned. Korah rose up against Moses is significant. On the other hand, the "two hundred and fifty princes of the assembly, famous in the congregation, men of renown" (Numbers 16:2) that joined Korah are not specifically named because, despite being famous, did not contribute enough to get a mention by name.

We know Adam and Eve had many more children based upon the pattern of Genesis 5. "And the days of Adam after he had begotten Seth were eight hundred years: and he begat sons and daughters" (Genesis 5:4). And that is the pattern for all the descendants with only the godly line being named or something significant happened.

And so, Cain, probably marrying his sister, along with multiple descendants to populate the earth are sadly and probably in a lost state, as they "began to multiply on the face of the earth, and daughters were born unto them" (Genesis 6:1). We know the vast majority of Adam and Eve's children and descendants were lost at the time of the flood. All but "eight souls" were destroyed (1 Peter 3:20).

Seth is significant, not only being on the godly side, but beginning the godly lineage that led to Noah and the ark.

So, the first five chapters of the Bible are not to identify every human being, but rather pointing out the godly line as well as only the lost that played a significant role at that time.

Question: Is God good to all or no matter what, makes third and fourth generations pay?

Answer: Exodus 20:5, “Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God [am] a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth [generation] of them that hate me;”

Psalms 145:9, “The LORD [is] good to all: and his tender mercies [are] over all his works.

So, if a person does evil in the sight of God, according to the surface reading of Exodus 20:5, that sin will appear upon that person’s children, their grandchildren, their great-grandchildren, and possibly the great-great-grandchildren, even if a person in one of those generations wants to obey and follow God.

The confusion by surface readers is further confounded by connecting Psalms 145:9, where, if God is good to all and willing to bestow His mercy upon all, would that also include first, second, third, and fourth generation people as well?

The main answer relies upon the proper reading of Exodus 20:5, where it is applied to those that hate God. Looking at one of the best examples in the Bible, reading the list of kings and the brutality they commanded along with the constant wanting to worship Baal (1 Kings 16:32) instead of the true God, there indeed was hatred towards God. When a king died and the son reigned afterwards and did even more evil than his father, that evil would technically start a new timeline for counting towards the third and fourth generation because of the new evils.

However, in the line of kings, we have glimpses of some kings that loved God either for part or all of their reign. Technically, in some cases, they would be part of one of those generations that supposedly God was to visit the iniquity upon, yet God had mercy instead (2 Chronicles 20:30-32).

God is also always open to hearing from a repentant heart for He is “good, and ready to forgive; and plenteous in mercy unto all them that call upon thee” (Psalms 86:5).

Therefore, there is no contradiction. Only those of subsequent generations that continue to hate God shall God allow the iniquity of the father and the father’s father to pass forward. Those that stop the hatred and repent, God will show forth His tender mercies.



Study to Shew Thyself Approved Unto God—(2 Timothy 2:15)

Who Took Up the Mantle When It Was Dropped?

1. What happened to Abel that caused him to drop the mantle, the responsibilities? **Genesis 4:8**
2. Who took up the mantle, by continuing the godly line? **Genesis 4:25-26**

3. What happened to Moses that caused him to drop the mantle? **Deuteronomy 34:5-7**
4. Who took up the mantle after Moses? **Joshua 1:1-2**
5. What happened to Elijah that caused him to drop the mantle,

literally? **2 Kings 2:11-13**

6. What event occurred, confirming that Elisha, indeed, was to take up the mantle and continue the work of God? **2 Kings 2:14**

7. What happened to the apostle Paul that caused him to drop the mantle? **2 Timothy 4:6-8**

the mantle? **John 8:53**

gifts of the Spirit

2. Which two groups can people speak to? **1 Corinthians 13:1 men and of angels**

8. Who appears to be one of the people to take up Paul's mantle? **2 Timothy 1:6-14**

10. Who is expected to pick up the mantle today? **Acts 1:8**

3. Who controls when tongues are used? **Acts 2:4 the Holy Ghost**

9. What is the status of all the prophets that prophesied of the second coming, dropping

June 2025

Tongues

4. What group were the apostles speaking in tongues to? **Acts 2:5 men**

1. What are tongues considered one of? **1 Corinthians 12:9-10**

Who Is the Real Antichrist?



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5. How did the people hear what was spoken? **Acts 2:8 own tongue**
6. Who are the tongues not for? **1 Corinthians 14:22 not to them that believe**
7. Who are tongues for? **1 Corinthians 14:22 them that**

believe not

8. When the whole church is speaking in tongues, what will people think is happening? **1 Corinthians 14:23 ye are mad**
9. When tongues are used and no one understands, what is

the result? **1 Corinthians 14:13-14 understanding is unfruitful**

10. Who is edified when speaking in an unknown tongue? **1 Corinthians 14:4 himself**



News and Comments

May 19—Popular Mechanics

Scientists Found Footprints That Push Humanity’s Timeline Back By 40 Million Years

To treat evolution as fact when it keeps changing and contradicting itself is not science, but opinionated people with degrees pushing their own thoughts. God has been consistent from the beginning and does not change (Malachi 3:6). Creation week has always been the same. Six days of creative work, and the seventh day as the Sabbath (Genesis 1 and 2:1-3). And mixing this account with evolution is the same as mixing truth with error.

May 19—BBC

Scientists in a race to discover why our Universe exists

True Christians ought to be able to save themselves a whole lot of

money on research and even win the race for the solution. "When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained" (Psalms 8:3). "In the beginning God created the heaven and the earth" (Genesis 1:1). That reference to "heaven" is not regarding His home, but in any case, the answer is simply, God as that is why the universe exists.

May 31, 2025—Futurism

Scientists Fear a Passing Star Could Fling Earth Out of the Sun's Orbit, Into the Frigid Expanse Beyond

If scientists would simply open the Bible, they could prevent themselves from experiencing such stress. Jesus turns this planet inside out at the second coming, therefore, nothing as they propose is going to happen. There will be

no ice age, no burning ball, no runaway star or asteroid, not even nuclear bombs, to move the whole earth out of its place. "I beheld the earth, and, lo, [it was] without form, and void; and the heavens, and they [had] no light. I beheld the mountains, and, lo, they trembled, and all the hills moved lightly. I beheld, and, lo, [there was] no man, and all the birds of the heavens were fled. I beheld, and, lo, the fruitful place [was] a wilderness, and all the cities thereof were broken down at the presence of the LORD, [and] by his fierce anger. For thus hath the LORD said, The whole land shall be desolate; yet will I not make a full end" (Jeremiah 4:23-27).



Natural Remedies

Hydration

One of the best ways to stay healthy is to stay hydrated, and one of the worst ways to determine if you need more water is to depend on your feeling of thirst. By the time you feel your

mouth drying out, you are already well into dehydration. Some signs of dehydration are extreme thirst, confusion, dizziness, fatigue, dark colored urine, or less need for urination than usual. But you do

not have to wait for the signs – just be safe and smart, and continually drink water throughout every day, especially in the days of hotter weather.

